

# PREPARE

WORSHIP MODULE #3

Intentionality is important with our craft and leadership as well as in maintaining the health of our own hearts. There's a reason Jesus stresses the importance of the heart so much in the Scriptures because it's the life and breath behind everything we do. Sadly, we may be able to fake things on the outside with talent or charisma, but the worship leader whose heart is far from God is of no value to the kingdom.

**COMPETENCY:** Prepared, -I am professional with people, time, and my craft.

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## **ASSIGNMENTS**

**Assignment 1:** Read Matthew 15:8 and answer the questions below.

**Assignment 2:** Read article and answer the questions below.



## ASSIGNMENT 2

Nothing is more vital for our churches, our families, our friends, those we serve, and those we serve with than for our hearts to be healthy.

The following are four vital practices we must have in order to make sure our hearts are constantly chasing after God.

### 1. Drink from the Well

“Your word is a lamp to my feet and a light to my path.” (Psalm 119:105 ESV)

Be in the Word, daily. While this discipline seems to be a no-brainer, it’s often overlooked among the many tasks, homework assignments, friends, and family functions we have on our daily plates. To have any strength and impact in ministry, our days must start with the self-care of being in the Word. It’s truly that simple. The inspired Word of God is “living and active” (Hebrews 4:12) and reminds us of who Jesus is and what He’s done for us. Run to His Word daily, and drink from the well that never runs dry.

### 2. Sit at His Feet

“And she had a sister called Mary, who sat at the Lord’s feet and listened to his teaching.” (Luke 10:39 ESV)

Jesus enters the house of Martha, and while she is consumed with serving, Mary just wants to sit at Jesus’s feet. It’s a familiar passage to most people, but it’s easy to overlook the simple concept that **sitting at the feet of Jesus through prayer is everything**. While God certainly calls us to do good works, above and beyond that, He wants us to remember that we are His sons and daughters first. He wants us to spend time with Him. He wants us to know and rely on Him more. We need to make sure that on Sundays we aren’t too occupied by serving to be taught.

### 3. Stop and Listen

“Remember the Sabbath day, to keep it holy.” (Exodus 20:8 ESV)

One of the greatest detriments to our ministries and the people we lead is failing to rest from our work. I remember early on in ministry, I felt like I needed to be available every Sunday. This drove me far from my family, and most importantly, it drove me away from the Lord. **Taking a Sabbath day is not only good practice, but is a command of Scripture**. You must have it. God designed it to be this way! Take time to stop and listen. You need to take some Sundays off, and use that rest to recharge you and remind your heart that whatever ministry tasks you have are under the sovereign hand of God. Pastor your heart well by obeying the regular rhythm to Sabbath.

### 4. Be in Biblical Community

“Bear one another’s burdens, and so fulfill the law of Christ.” (Galatians 6:2 ESV)

One of the best ways to grow as a believer, much less a worship leader, is by **being in solid biblical community**. This may look different depending on your age, but you need to surround yourself with people who will walk alongside you in the Christian life. This includes people who you give permission to call out sin in your life and see your blind spots. Being in biblical community is about being with people who know everything about you—your strengths, weaknesses, sin struggles, and pitfalls.

It's about constantly being "gospelled" by other people so that you can grow in Christlikeness. Take care of your heart by surrounding yourself with godly people and living in biblical community. This means spending time with other worship leaders and making sure your core friend group is a good one.

QUESTIONS:

1. What's one thing that stood out to you from the article?
2. Which of the four is the easiest for you to do?  
(Drink from the Well. Sit at His Feet. Stop and Listen. Be in Biblical Community)
3. What makes it easy for you?
4. Which of the four is the most challenging for you to do?
5. Why is it difficult for you?
6. Which of the 4 vital practices can you begin working on this week?